

*Truly,  
McKenna*

*Just Add Stitches!*

# *Beach Walk*



# Whale Watch Pillow

14" x 20"

*Designed by Michelle Pratt,  
Exclusively for McKenna Ryan*

## Materials Needed:

- Beach Walk Truly McKenna Art Print Panel: Whale Watch (BW09-P)
- Fabric 1: AYC-16314-333 Sea Glass -  $\frac{3}{4}$  yard for border strips and backing
- Fabric 2: AYC-16318-43 Leaf - Fat Eighth - for center square within square cornerstones and binding
- $\frac{1}{2}$  yard cotton batting or fusible fleece
- $\frac{1}{2}$  yard muslin for lining front and back sections of pillow
- 14" x 20" pillow insert

## Before Getting Started:

- Use  $\frac{1}{4}$ " seam allowance
- WOF – Width of Fabric
- RST – Right Sides Together

## Preparing Panel and Fabric:

- Trim Art Print Panel to 10 $\frac{1}{2}$ " x 16 $\frac{1}{2}$ "
- Fabric 1:
  - Cut two - 2 $\frac{1}{2}$ " x 10 $\frac{1}{2}$ " strips
  - Cut two - 2 $\frac{1}{2}$ " x 16 $\frac{1}{2}$ " strips
  - Cut two - 15" x 14" rectangles (these will be used to make the pocket backing)
- Fabric 2:
  - Cut one - 1 $\frac{1}{2}$ " x WOF strip for binding pillow pocket edges.
- Fabric 1 and 2:
  - With remaining Fabric 1 and Fabric 2 make: four - 2 $\frac{1}{2}$ " square-within-a-squares for pillow front cornerstones, using your preferred method

## Pillow Front:

1. Sew the top and bottom fabric strips to panel. Iron away from panel.
2. Sew cornerstones to the side strips. Iron seam towards the fabric strip. Sew side strips on. Iron seams toward the panel.
3. Make a quilt sandwich with muslin (backing), batting and pillow top. Trim batting and muslin to the same size as the pillow top front. Quilt pillow top as desired. Add decorative stitches, beading or heat set crystals at this time.

## Pillow Back:

1. Make two quilt sandwiches with muslin, batting and the 15" x 14" fabric rectangles. Quilt with a simple cross hatch design.

**Hint:** Draw diagonal lines using a Frixion pen and a ruler to create a diamond pattern and simply sew on all the lines. Iron and the Frixion pen lines will disappear!

2. Trim quilted pieces to 14 $\frac{1}{2}$ " x 13 $\frac{1}{2}$ ".
3. Bind one 14 $\frac{1}{2}$ " edge of each quilted sandwich.
4. Now would be the time to add a small applique shape to one of the quilted back pieces.

## Assembly:

1. Layer pillow top RST with quilted back pieces. Overlap the bound edges in the center. Keep in mind, the back piece that is closest to the pillow front will be the one that shows the most when you turn the pillow right side out.

2. Pin all around the edges and sew all four sides. Do a nice zig-zag stitch close to the edge to help prevent fraying.
3. Turn inside out, insert pillow form and enjoy your creation!

\*\*If you have a hard time finding the correct size pillow form - [Fairfield Firm Pillow Form](#) has a zipper on one end. You can take out some of the stuffing in a 20" x 20" pillow to make a "custom fit insert".